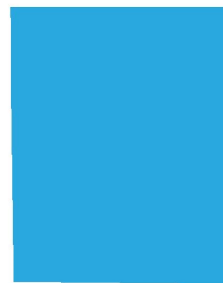
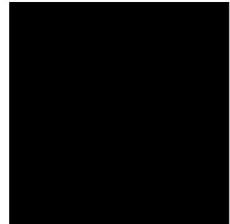




ANNUAL REPORT 2019-20



MESSAGE FROM THE MANAGING TRUSTEE



Dr. Sushama Nagarkar

This has been somewhat of a watershed year for Yash Charitable Trust. We could not be happier and more grateful for what we have achieved. Grateful because our families, our volunteers, our staff, our Trustees and the community continue to be strong pillars of support. And happy to see our beneficiaries, our team, grow to be confident and respected in their communities. In countless ways, YCT continues to demonstrate that what we do does make a difference. And therein lies our excitement!

During the year, we have continued to get several enquiries about our work and about livelihood opportunities. As our team members increased, we realized that we no longer were able to train 'on the job' – either in our food services initiative or at the café. And therefore, during this year, a search began for a space where we could develop our Skill Development Centre; SDC as we ended up calling it. Lady Luck was on our side as we not only found a wonderful space close to our current operations, but also a generous group of donors who helped us with the rent, furniture and the equipment we needed.

We opened our doors to our first batch of ten trainees in December of 2019: we had a married father with autism, who was as excited and enthusiastic as our 22-year-old eager to join our café team. Our trainers, who possess empathy, compassion, and patience in abundance, made the SDC a warm, safe and accepting place. The trainees rarely took days off; a testament to their motivation to learn and earn.

Earlier in the year, the HR team from Soho House connected with us and we held a successful day long collaboration with a specially curated menu of Soho House at Café Arpan. This may have spurred their decision to take on one of our very own as a

trainee on the floor of their coffee shop. Saurabh has been an excellent fit and is incredibly happy working there. An additional bonus is that he has also learned to use the public transport independently.

In about July of 2019, Elrin Fernandes, a 20-something employee of the Accenture Inclusion and Diversity initiative wandered into Café Arpan by chance. He wanted a cup of tea and thought this might be an affordable place to get it. He quickly realized how special we were. A further conversation. More tea followed by email exchanges. And a pop up was held in the Accenture Café at Vikhroli in November of 2019. It was a huge success in more ways than one because before we knew it, under the insistence of Sonal Mehra, Managing Director, we were offered a space to open a cafe in the Innovation Hub on the 5th floor. Again, generous donors helped us equip the space and we launched in January of 2020. The hours were long – 12 hours on some days – but the excitement and enthusiasm knew no bounds.

Over the year, we have had some amazing events at the Café: our monthly comedy block - The Laughter Hour - is enormously popular. Our Diwali pop-up was greatly appreciated, and our inclusive meetings/seminars have provided enormous learnings for our team.

Unfortunately, by the end of March 2020, COVID-19 began to insidiously change our lives. Our entire operations halted. However, we took a unanimous decision to continue to support those of our YCT family who were in direst of need. It was to us, the right thing to do. And we are stronger for it.

Thank you all, the community, for embracing us and our vision. We cannot do what we do without you!

CORE VALUES AT YASH CHARITABLE TRUST

Our core values of Acceptance, Inclusion and Empowerment are the fundamental beliefs that underlie our work, how we interact with each other and what strategies we employ to fulfil our mission.

The value of acceptance allows us to accept reality, ourselves, and others as the way each of us truly is. Acceptance is not something that can be forced. It just is. And being accepted for oneself, as diverse as each of us is, has shown to positively affect self-esteem and well-being. The truth is that by accepting diversity, we find ourselves growing both intellectually and spiritually. Acceptance is a gift that gives back. It helps us to treat another with the same degree of respect that we would like to be treated and makes for good karma!

And while to accept someone is to acknowledge differences and say it is okay; to include someone is to intentionally pursue ways to make them feel welcomed, heard, and valued. Inclusion creates a supportive energy and

commitment from others. There is sense of belonging. Every person is respected and feels essential to the success of the organization.

By adopting a core value of empowerment, we are helping our team members, our beneficiaries find their voice. We are trusting each individual's capabilities to be independent, to take decisions on the way they perform their job and give them the freedom to do their work to the best of their ability.



Kiss, the therapy dog, & her mom, Pradnya, at Café Arpan



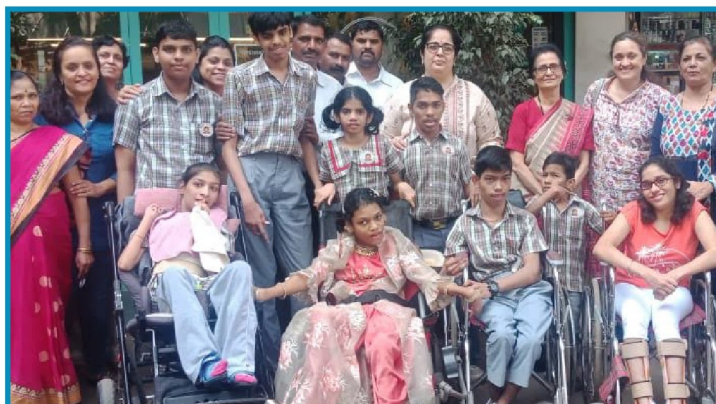
Team Member, Saurabh, at Soho House



Sanjeev Kapoor & family at Café Arpan



Talk by Harish Iyer during Mental Health Awareness Week



Kids from ADAPT at Café Arpan

EVENTS AT CAFÉ ARPAN



Music by Little Sounds on Valentine's Day



The Café Arpan Pop Up - Diwali Edition



Monthly Comedy Block -The Laughter Hour



Interactive Seminar - Doggos & Diabetes



Film Club Discussions with Geek Fruit



Café Arpan kiosk at Accenture, Mumbai



CAFÉ ARPAN @ ACCENTURE INDIA

It was a dream come true for us when we were offered a space and invited to set up a Café Arpan within the corporate premise of Accenture in Vikhroli. We were provided with a large counter space with a kitchen and pantry attached on the 5th floor; on this floor sat the senior management from the Marketing Operations and Business Transformation group. Accenture also took care of our transportation from Juhu and back. Thanks to the personal determination and push by the Managing Director, Ms. Sonal Mehra, we successfully launched Café Arpan@ Accenture in January 2020.

The whole experience was new and exciting - for our team but also for the employees of Accenture. Ms. Mehra was a regular visitor, ordering and interacting with our team and

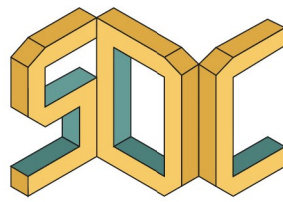
setting a wonderful example for her staff who followed suit. Our team even surprised us by their ability to work a full 12 hour shift (with breaks of course). Everyone involved benefited - our team got to showcase their abilities while the Accenture staff (many with no knowledge or experience with PwIDDs) got the opportunity to meet and interact with a diverse set of people.

Our menu was a smash hit with everyone; we catered their internal meetings, received bulk orders for special occasions and had several repeat customers who sometimes came just to chit-chat with the team. The incredible support and confidence that Accenture showed in us is proof of their commitment to our cause and their eagerness to promote the same within their organisation.



Café Arpan inauguration at Accenture, Vikhroli office





SKILL DEVELOPMENT CENTRE

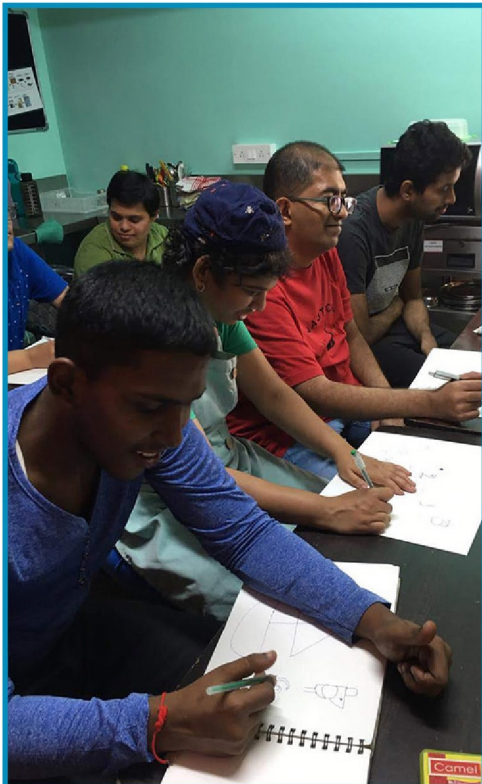
— An Initiative of YASH CHARITABLE TRUST —

At the start of our journey in 2015, we began with a small group of team members and were able to train on the job for our dabba service. Over the intervening years, we have received a lot of positive press about the relevance of the supported employment opportunities that we have been providing and many more PwIDDs evinced an interest in joining our team. It became impossible to train on the job.

In November 2019, the Board of Trustees took a decision to set up a separate Skill Development Centre (SDC).

For the SDC, we have developed a structured curriculum focusing on hard skills required in the F&B space and soft skills required for any work environment. The curriculum and the built-in assessments are designed to make the PwIDDs job ready for working with YCT or elsewhere.

Our search for open employment that would be appropriate for our team members is an ongoing endeavour. We plan to simultaneously work towards providing supported employment opportunities through an expansion of the café and dabba services.



COMMUNITY INVOLVEMENT



Nikhil and Pratibha speaking at Mindscope, 4th Mental Health Film Festival



Beach Clean Up at Chowpatty on the occasion of Gandhi Jayanti with the Taj Group



FarmJam by EduFun - Mela for Kids



Soho House Collaboration

सांख्यिक इवेंट्स

Our annual inclusive performance showcase - Saarang Sandhya - was hosted for the third consecutive year on December 14 in celebration of International Day for Persons with Disabilities.

This year, we decided to sell tickets at a reasonable price to attempt to fundraise simultaneously. The whole show was inclusive featuring performances by

our team members accompanied by professionals, family members and friends. The cheery and gleeful audience showed much appreciation and even joined in with the fun being showcased on stage. Thank you to all the special guests that chose to be a part of our annual celebration.





Munira Pittalwala, a trained counsellor joined the ASK team in September of 2019. She worked hard to meet the needs of a diverse set of individuals and their families through individual and group counselling sessions. Her experiences – in her own words:

“Every person with a disability is different from the other. Thus, accepting and understanding the adult’s opinions, feelings and perceptions is an essential requirement to understand their concerns and their goals, and the key is to really listen. I have come across adults, who sometimes come to counselling just because they have no-one who simply has the time to listen. As we all have different needs, so do these adults. People around assume that the needs and concerns of adults with disabilities is universal, but that is not the case. Knowing what their needs actually are (as opposed to what the culture and people around tell what they should be), then finding effective and appropriate ways to get these needs met, has been an important part of the counselling journey.”



Munira has been ably supported in her work by a band of professionals - social workers, counselling practitioners, and a psychologist. Over the year, collectively over 500 families and professionals have been impacted by the workshops and seminars that have been held or that the ASK team has participated in. There is a lot more to be done. Issues of adulthood and mental health among PwIDDs need to be addressed. We are happy to note that more and more families are coming forward to access services - whether counselling or consultation with the ASK team.

OUR FINANCIAL REPORT

PARTICULARS	FY 2018-19 (INR)	FY 2019-20 (INR)
Income		
Donation	13,44,903	1,32,92,391
Interest Income	4,32,738	9,91,071
Total Income	17,77,641	1,42,83,462
Expense	28,01,924	44,72,337
Opening balance carried forward	28,32,951	18,08,668
Closing balance carried over to balance sheet	18,08,668	1,16,19,793

IN GRATITUDE

We cannot do everything we do without community support - by way of donations as well as time and energy spent helping us to better what we do. Our heartfelt thanks to the following:

Anand Mahajan, CEO – India Region, Saint-Gobain and Managing Director, Grindwell Norton Ltd. for your continued generosity and support. We are grateful that you believe in our vision.

Ion Foundation for supporting part of the salaries at the Adult Support Kendra and Skill Development Centre.

Sahachari Foundation for supporting the work of the Skill Development Centre through their grant.

Accenture India and Ms. Sonal Mehra for making us feel so welcome at their office space.

Tejas Menon for his amazing voice and commitment.

Aditya Shah for curating Café Arpan's monthly comedy block - The Laughter Hour.

Our families for always being there and last but not the least to our team members who remind us every day that a warm smile, a touch, a hug or a joke is all it takes to make for a happy day!

If you wish to contribute towards our cause, you can do so using one of the methods below:

By Cheque-
Made out to '**Yash Charitable Trust**'.

By Direct Bank Deposit-

Account Holder :Yash Charitable Trust
Bank and Branch : Kotak Mahindra Bank, JVPD
Savings Account No. : 7711476797
IFSC Code : KKBK0000661

Scanning the code below will take you directly to our donation page -



All eligible donors may avail of tax benefits under Section 80G of the Income Tax Act, 1961

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