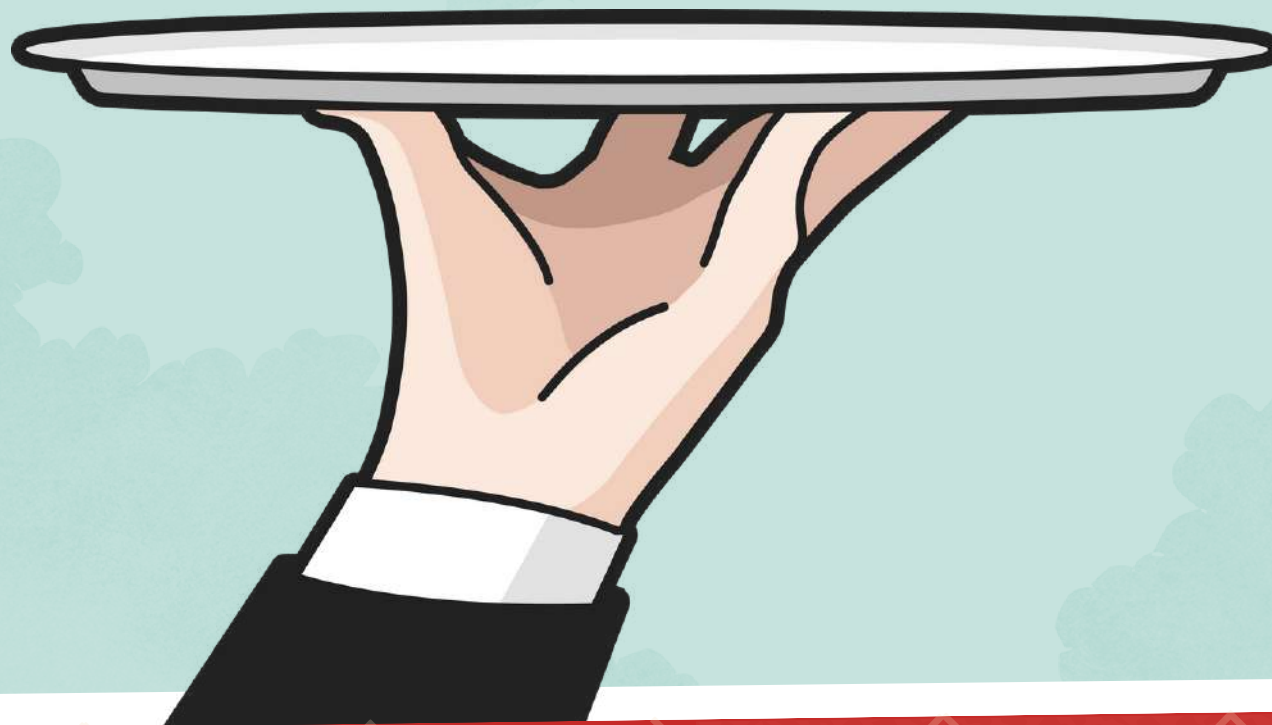


MENU OF CATERING SERVICES

Meals • Snacks • Desserts • Tiffins • Buffets

and more!



Let us bring the flavour & fun to your get-together!

Invite us to cater your next office event, family gathering,
corporate workshops and seminars, and more...



or



+91 98924 18057



namaste@yashcharitabletrust.org

WHY CHOOSE US?



We offer a **diverse range of catering services** including meals, snacks, desserts, tiffins, and buffets.



Enjoy **delicious food** while **supporting a meaningful cause** and **promoting inclusivity**.

We also offer:

- ★ Sensitisation and Awareness Sessions on Neurodiversity
- ★ Presentations by Experienced Self-Advocates

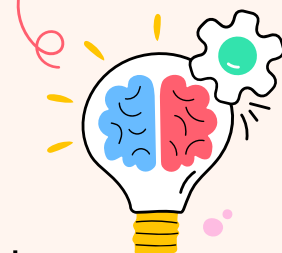


A LITTLE ABOUT US...



Yash Charitable Trust (YCT) was founded in 2014 with the aim of enhancing the quality of life for persons with intellectual and developmental disabilities (PwIDD) such as autism and Down syndrome by providing options for skilling and livelihood and providing support for their mental health.

Skilling and Supported Employment Projects (SSEP)



Under the SSEP program, we run two projects. The **Skill Development Centre** (SDC) provides training to PwIDD in soft skills such as teamwork, communication, problem-solving, work ethic, flexibility and adaptability and interpersonal skills that are required for most kinds of employment. We also provide training in the hard skills required in the food & beverage industry; more specifically those associated with work opportunities at Arpan Tiffin Service and Café Arpan, and other similar outlets.

Arpan Food Services (AFS) is our supported employment project. The flagship program under AFS is Café Arpan in Juhu which has been unanimously embraced by the community at large. We have dedicated teams of PwIDD that work at the AFS kitchen (which produces daily freshly-cooked meals and other catering orders) as well as Café Arpan in Juhu and Vikroli and the new Café Arpan Express at Versova metro station. We have a total of 42 PwIDD currently working under SSEP of which more than half are salaried individuals who also enjoy perks and employee benefits.

Scroll Ahead for Menus

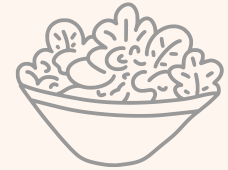
For more information, please visit our website:  www.yashcharitabletrust.org

Basic Meal Plan

Rs.250/plate



Choose 1 Salad + 2 Main Course + 1 Rice + 1 Dessert
(Inclusive of 3 Chapatis or 2 Parathas, Pickle)



Salad

Kachumber • Tomato Onion Salad • Sirke Wale Pyaaz Tamatar
Koshimbir • Green Salad

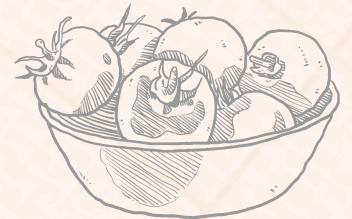
Indian Veg Gravy

Aloo - Bhindi • Aloo Methi • Aloo Shimla • Batata Bhaaji
Masala Aloo Fry • Amchuri Bhindi • Baingan Bharta • Chole Masala
Veg Korma • Palak Corn • Aloo Mutter



Dal

Dal Fry • Sambhar • Rajma • Aamti • Dahi Kadhi
Chowli Dal • Tomato Kadhi



Rice

Steamed Rice • Jeera Rice • Mutter Pulav



Desserts

Gulab Jamun • Shrikand



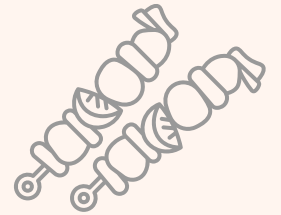
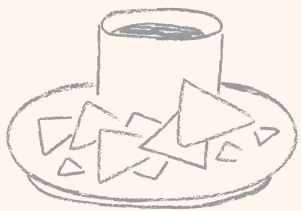
Standard Meal Plan

Rs.450/plate

Choose any 1 Starter + 1 Salad + 2 Main Course + 1 Rice + 1 Dessert
(Inclusive of 3 Chapatis or 2 Parathas, Pickle)

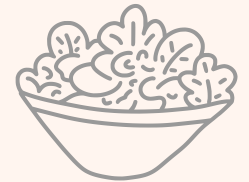
Starter

Soya Chilli • Veg Manchurian • Gobi Manchurian • Gobi 65
Honey Chilli Potatoes • Baby Corn Salt & Pepper • Hara Bhara Kebab
Aloo Tikki • Cheese Corn Ball • Kung Pao Potato



Salad

Papadi Chole Chaat • Tomato Corn Papdi Chaat • Peanut Corn Chaat
Chana Chaat • Cucumber Corn Salad • Khamang Kakdi
Tossed Green Salad



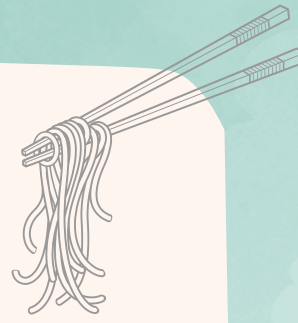
Main Course

Manchurian • Veggies in Hot Garlic Sauce • Veg Black Pepper Gravy
Veg Coriander Chilli Gravy • Veg Hyderabad Masala • Veg Jalfrezi
Chutney Wale Aloo Sabzi • Bhindi Do Pyaaza • Methi Matar Malai
Palak Paneer • Veg Kolhapuri • Veg Bhuna • Methi Makai Malai

Dal Fry • Dal Tadka • Khatti Mithi Dal • Aamti • Dahi Kadhi • Sambhar
Rajma • Chowli Dal • Dal Makhani • Tomato Kadhi • Veg Stew

Standard Meal Plan

Continued...

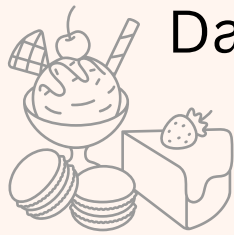


Rice/Noodles

Steamed Rice • Jeera Rice • Brown Rice (*Parsi* style) • Lemon Rice
Plain/Schezwan Fried Rice • Veg Chilli Fried Rice • Herbed Rice
Plain/Schezwan Hakka Noodles • Spinach Rice • Tamarind rice
Veg Biryani • Mix Veg Pulav

Desserts

Gulab Jamun • Jalebi • Shrikand • Rasgulla • Moong Dal Halwa
Dark Chocolate Brownie • Chocolate Mousse



Premium Meal Plan

Rs.550/plate

Choose any 1 Starter + 1 Salad + 2 Main Course + 2 Rice + 1 Dessert
(Inclusive of 3 Chapatis or 2 Parathas, Pickle)

Starter

Soya Chilli • Veg Manchurian • Gobi Manchurian • Gobi 65
Honey Chilli Potatoes • Baby Corn Salt & Pepper • Hara Bhara Kebab
Aloo Tikki • Cheese Corn Ball • Kung Pao Potato



Salad

Exotic Kachumber Salad • Raw Papaya & Raw Mango Salad
Cucumber Dill Salad • Mixed Bean Salad • Mexican Bean & Corn Salad
Papadi Chole Chaat • Tomato Corn Papdi Chaat • Peanut Corn Chaat
Chana Chaat • Cucumber Corn Salad • Khamang Kakdi
Mix Tossed Green Salad



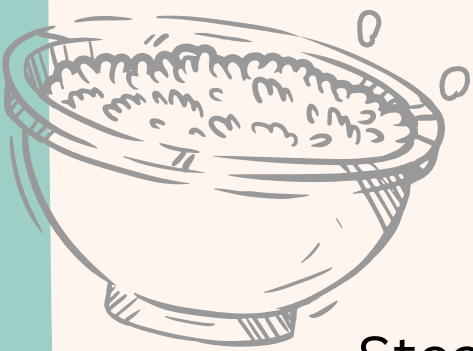
Premium Meal Plan

Continued...

Main Course

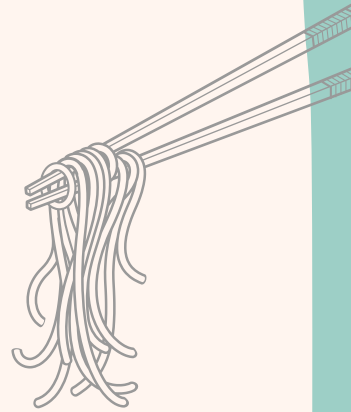
Paneer Hunan Gravy • Paneer Burnt Chilli Gravy
Exotic Veggies in Paprika Sauce • Vegetable Stroganoff
Dudhi Kofta Curry • Malai Kofta Curry • Veg Kofta Curry
Paneer Ghee Roast • Mushroom Ghee Roast
Paneer Makhanwala • Baby Corn Mushroom Masala • Veg Handi

Pakora Kadhi • Sindhi Kadhi • Dal Mughlai
Panchmel Dal • Arpan Special Dal Tadka



Rice/Noodles

Steamed Rice • Jeera Rice • Brown Rice (*Parsi* style)
Mix Veg Pulav • Plain/Schezwan Fried Rice
Veg Chilli Fried Rice • Plain/Schezwan Hakka Noodles
Herbed Rice • Spinach Rice • Veg Fortune Rice • Veg Oyster Rice
Veg Biryani • Butter Veg Paneer Biryani
Tex Mex Rice • Dal Khichdi



Dessert



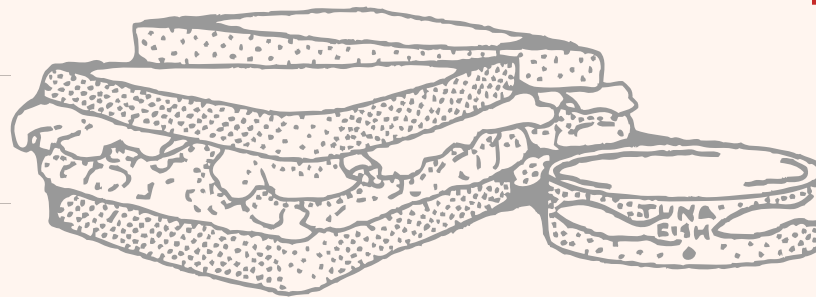
Gulab Jamun with Rabri • Jalebi with Rabri • Angoori Rabri • Rasmalai
Dark Chocolate Brownie with Chocolate Sauce • Coffee Cake

Snack Menu



Choose any of the following and customise your order!



Cold Sandwiches	Price/Qty
Cheese and Chutney Sandwich	Rs.50/pc
Cucumber And Tomato Sandwich	Rs.50/pc
Coleslaw Sandwich	Rs.60/pc
Roasted Bellpepper & Cream Cheese Sandwich	Rs.90/pc
Veggie Hummus Sandwich	Rs.90/pc
Caramelised Onion & Paprika Cream Cheese Sandwich	Rs.100/pc
Pesto ALT Sandwich (Avocado, Lettuce, Tomato)	Rs.120/pc
Paneer Tikka Sandwich	Rs.120/pc
Bombay Masala Sandwich	Rs.80/pc
Nutella Banana Sandwich	Rs.80/pc
Peanut Butter and Jelly Sandwich	Rs.80/pc

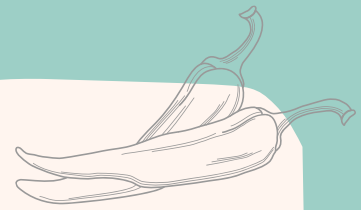


Snack Menu

Chaat		Price/Qty
Mexican Bhel		Rs.80/200ml*
Methi Puri Chaat		Rs.80/200ml*
Papdi Chaat		Rs.80/300ml*
Chole Chaat		Rs.80/300ml
Dahi Vada		Rs.80/300ml
Sweet Corn Chaat		Rs.80/300ml
Sweets		Price/Qty
Date and Walnut Muffin		Rs.50/pc
Carrot Muffin		Rs.50/pc
Dark Chocolate Brownie		Rs.80/pc
Coffee Cake		Rs.80/pc
Oats and Raisin Cookie		Rs.30/pc
Chocolate Cookie		Rs.30/pc

* Indicates the size of the container

Snack Menu



Snacks

Price/Qty

Khaman Dhokla

Rs.50/80gms (2-3pcs)

White Dhokla

Rs.50/80gms (2-3pcs)

Idli with Chutney

Rs.40/2 pcs

Cocktail Idli

Rs.50/3 Skewers

Samosa with Chutney

Rs.25/pc

Vada Pav with Chutney

Rs.25/pc

Aloo Tikki with Chutney

Rs.50/2pc

Veggie Cutlet with Ketchup

Rs.50/2pc

Hara Bhara Kebab with Chutney

Rs.60/2pc

Dal Vada with Chutney

Rs.40/2pc

Misal Pav

300ml* & 2 Pavs

Pav Bhaji

300ml* & 2 Pavs

Falafel

Rs.80/2pc

Cheese Corn Balls

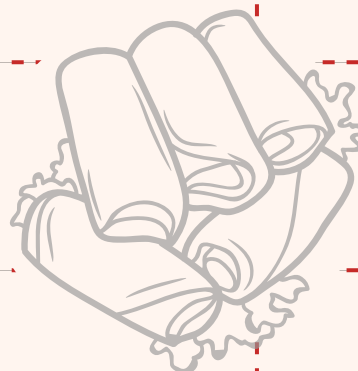
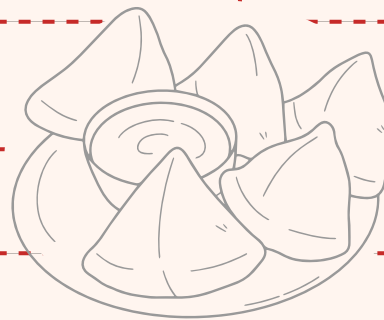
Rs.80/2pc

Jalapeno Poppers

Rs.80/2pc



Spring Rolls


Rs.90/2pc



* Indicates the size of the container

GET IN TOUCH

 or  +91 98924 18057

 namaste@yashcharitabletrust.org

 Monday - Saturday • 10 AM - 8 PM

Tap to Follow us:



For More Information on our work, visit us online at

www.yashcharitabletrust.org

THANK YOU