



# YASH CHARITABLE TRUST





A stylized illustration of a person with a grey circular head and a grey body. The person's arms are outstretched, and they have large, light blue, feathered wings. A large, multi-colored arc (rainbow) curves around the person's body. The arc has a gradient from light blue to white to light orange. There are small decorative floral symbols in the corners and a small leafy branch on the right side.

# YASH CHARITABLE TRUST

enhancing dignity

*"Diversity is having a seat at the table,  
inclusion is having a voice, and  
belonging is having that voice be heard."*

*- Liz Frosslien*





# ABOUT US

**Yash Charitable Trust (YCT)** was founded in 2014 with a vision that persons with developmental and intellectual disabilities (PwIDD) will live and work in the community of their choice with dignity and self-respect.





# OUR MISSION

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Our mission is two-fold:

- To provide skill development, training, and livelihood opportunities through the Skilling & Supported Employment Program (SSEP).
- To provide all support necessary to navigate the adult world through the Adult Support Kendra (ASK). This includes meeting mental health needs through counselling and consultation, and other ancillary therapies. It also includes providing employment support for those who seek it, training and advocacy through workshops, and seminars.





# OUR CORE VALUES

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The value of acceptance allows us to accept reality, ourselves, and others as the way each of us truly is. Acceptance helps us to treat another with the same degree of respect that we would like to be treated. Inclusion creates a supportive energy and commitment from others. There is a sense of belonging. ❖

By adopting a core value of empowerment, we are helping our team members find their voice.

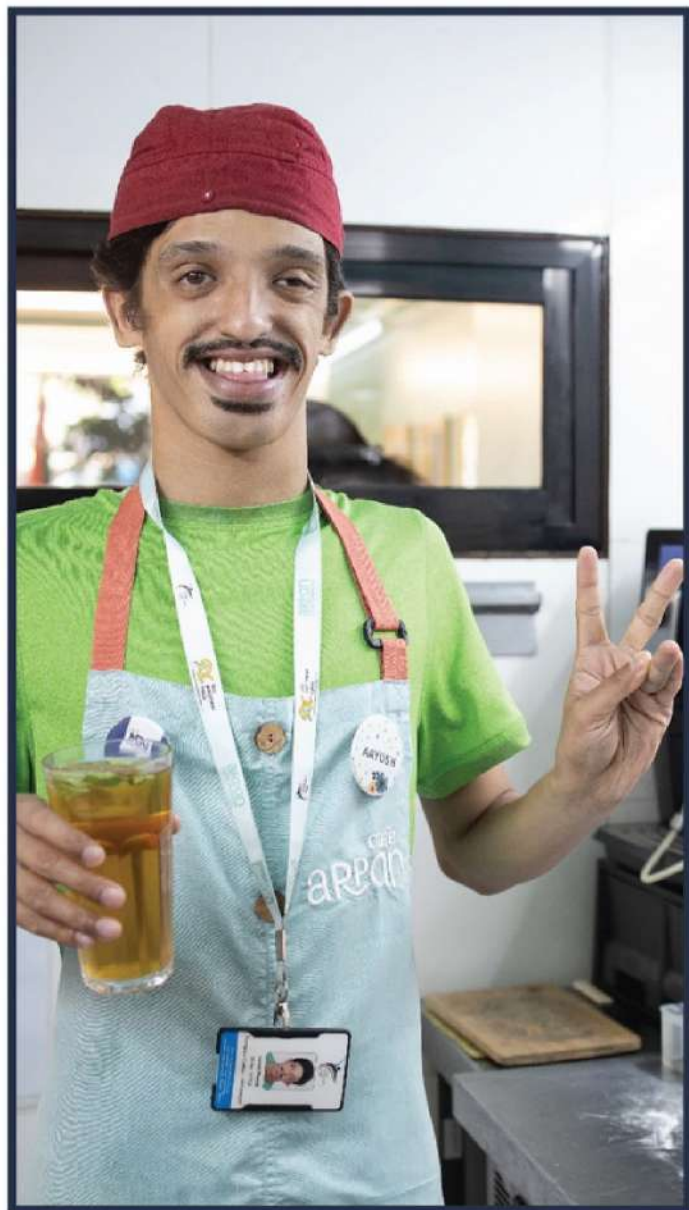




# café<sup>®</sup> arpan

Café Arpan was inaugurated on 2nd August 2018. Serviced by a team of specially-abled adults, supported by a manager and kitchen assistant, Café Arpan is Mumbai's first café that solely employs adults with developmental and intellectual disabilities and gives the opportunities to be a part of the 'mainstream' job market. ❖

The team takes orders, prepares the food and beverages from the menu, serves all customers and is responsible for setting up and cleaning the café. The team works six days a week either in a full day or part day shift. The café is the perfect place for our beneficiaries to hone their skills, build their self-confidence, feel empowered, and be accepted in their communities. ❖









# arpan

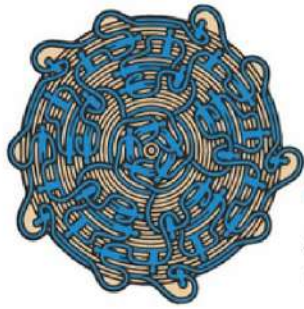
## FOOD SERVICES

Our first supported employment program was launched in April 2015 as Arpan Dabba Service. At the time, we started out with a team of five beneficiaries, preparing and delivering freshly cooked lunches to customers in the Juhu, Santacruz, and Bandra area. Our team members (as we call them) played an active role in every step of this process - from sourcing the raw materials to preparing and delivering the tiffins.

We have now expanded this initial service to one that is more diverse in nature and called Arpan Food Services. We cater and cook and bake according to specific client requirements: whether it is specially prepared snack boxes or fresh desserts or a good old-fashioned biryani. Our team of beneficiaries is an integral part of this initiative.







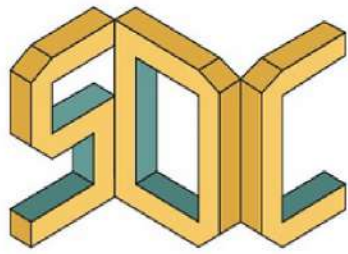
**ASK**  
ADULT SUPPORT KENDRA  
— An Initiative of YASH CHARITABLE TRUST —



Adult Support Kendra (ASK) was launched in 2017 and is manned by a group of professionals in the field of counselling, psychology, special education, occupational and physical therapy that help families with disabilities through counselling sessions, workshops and seminars. ASK also employs full-time mental health counsellors to support PwIDD and their families







# SKILL DEVELOPMENT CENTRE

— An Initiative of YASH CHARITABLE TRUST —

In December 2019, we launched the Skill Development Centre (SDC). All new team members are trained in hard and soft skills necessary in any workplace at the SDC.

We have created a skill development curriculum specifically for team members who wish to work in the F&B space primarily at Café Arpan or Arpan Food Services. The skills they learn can transfer across settings. There are further plans to source other contractual work for those on our team who require a more structured supportive livelihood opportunity.











We host an annual cultural program every December to celebrate International Day for Persons with Disabilities and promote inclusion and acceptance in the community at large. The first Saarang Sandhya show was held in 2017 and featured performances in music, dance and drama by YCT team members accompanied by their friends, families and professionals. This annual show highlights how all of us can come together on one common platform, present our talents and spread the message of unity in diversity. We have successfully staged Saarang Sandhya again in 2018 and 2019 and furthered our message to a larger audience.









# COMMUNITY INVOLVEMENT

We do our part in giving back to society via our collaboration with the Robin Hood Army. Once a week, we provide freshly-cooked wholesome meals to 50 underprivileged children. Occasionally, we receive donations from individuals who wish to sponsor these meals at Rs. 2000 per week.





# WAYS TO HELP

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We believe that our team members and others like them deserve every opportunity afforded to the rest of us. To continue our work, we seek financial support and professional expertise to guide us on our journey. Our short-term goals are two-fold: a) to build a corpus of sufficient funds to sustain our existing programs and b) work towards opening more supported employment initiatives.



Our long-term goal is to have our own multi-purpose space that includes a café, a cultural centre, a counselling centre and a retail outlet with some back-office spaces. This will, in turn, let us explore livelihood options outside the hospitality industry. A community-based multi-purpose centre will lend itself to many more opportunities to individuals with a diverse set of strengths.

**If you wish to contribute towards our cause, you can do so using one of the methods below :**

**By Cheque** made out to 'Yash Charitable Trust'.

Scanning the code below  
will take you directly to our  
donation page

**By Direct Bank Deposit**

Account Holder : Yash Charitable Trust

Bank and Branch : Kotak Mahindra Bank, JVPD

Savings Account No. : 7711476797

IFSC Code : KKBK0000661





# CONNECT WITH US

We would like to invite you to visit us in Juhu where we run our programs.

**Arpan Food Services** - 1, Koliwada, H.S. Revdankar Marg, Opp. Juhu Apts.,  
Near SNTD, Juhu, Santacruz (W)

**Ph: +91 9892418057** (for dabba and catering orders)

**Skill Development Centre** - Unit S-7, Building No. 7-A, Juhu Sangeeta  
Apartments CHS Ltd., Opp. Juhu Apts., Near SNTD, Juhu, Santacruz (W)

**Ph: +91 8976733752**

**Café Arpan** - Shop No. 20, Juhu Ruturaj CHS, Juhu Tara Rd., Santacruz (W)

**Ph : 022 2600 0302 | +91 74004 90008**

**Adult Support Kendra**

**Ph: +91 8976733751**



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@yashcharitabletrust  
@cafeearpanfoodservices  
@ask.yashcharitabletrust



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@cafeearpanfoodservices  
@ask.yashcharitabletrust



Yash Charitable Trust  
Café Arpan &  
Arpan Food Services

Regd. Off. : Fiona, 3rd Floor, Juhu Tara Road, Mumbai - 400049

Ph: +91 8976733753 | E: [namaste@yashcharitabletrust.org](mailto:namaste@yashcharitabletrust.org)

[www.yashcharitabletrust.org](http://www.yashcharitabletrust.org)